



## 9TH WORLD CONGRESS OF BEHAVIOURAL AND COGNITIVE THERAPIES

17th-20th July 2019 | Berlin

### Welcome to the fifth edition of the WCBCT2019 e-news

e-news is electronically published in the run up to the Congress to bring you regular updated information on the development of the scientific and social programme, hotel opportunities and travel options.

To subscribe to e-news sign up via  
**[www.wcbct2019.org](http://www.wcbct2019.org)**

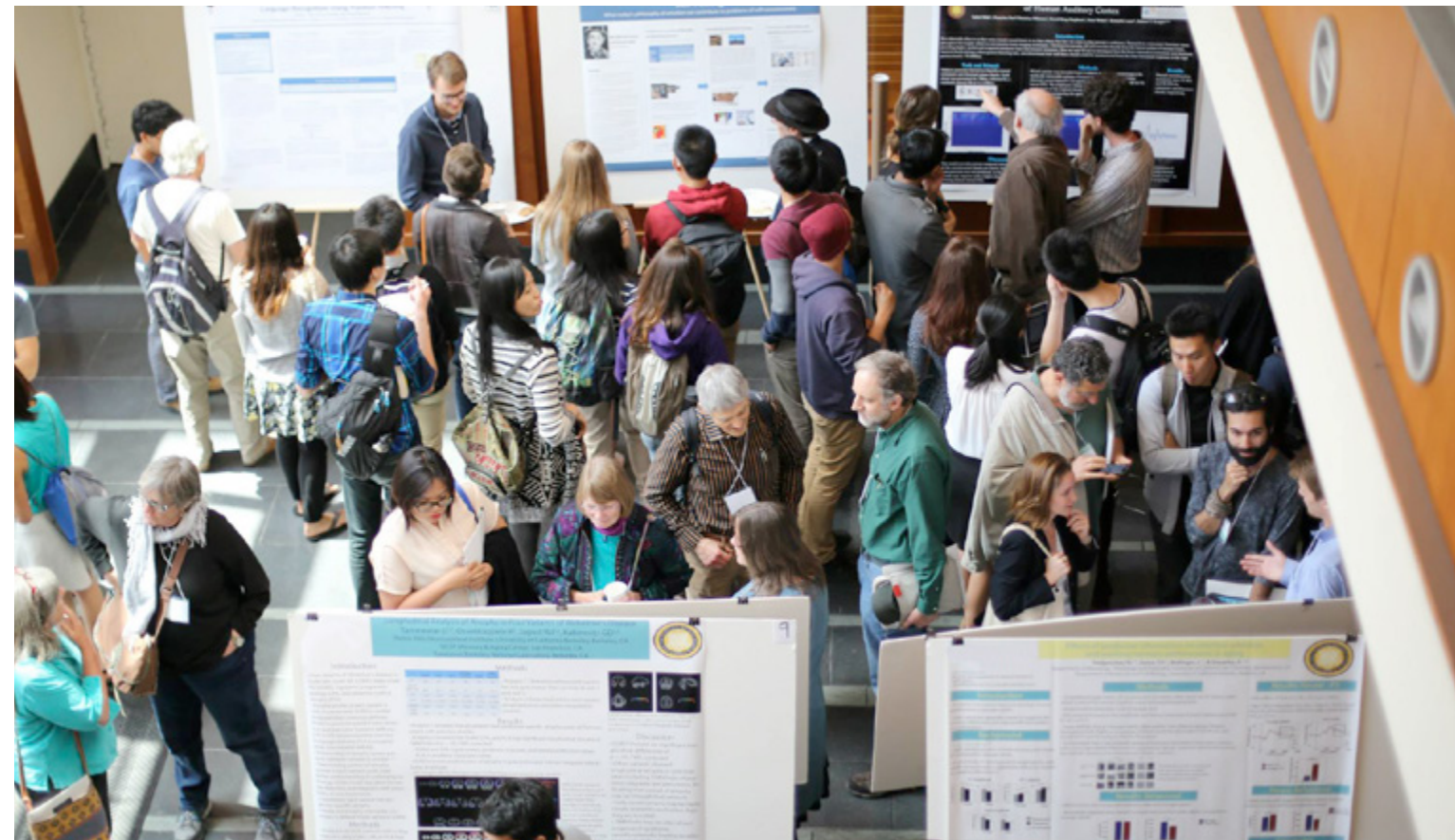
## Less than 6 months to go!

But it is less than 2 months before the Early Bird registration rate closes on 28th March so make sure that you don't delay your registration and save some money.

You can register on line by going to  
**[www.wcbct2019.org](http://www.wcbct2019.org)** where you can also download the Preliminary Programme.

## LAST CALL FOR POSTERS

### Call for Posters Closes 17th February 2019



## EARLY BIRD REGISTRATION CLOSES ON 28th MARCH 2019



## Thank you for your submissions:

**The main call for papers is now closed – Poster submissions remain open until 17th February 2019**

Putting together a first class international Congress Programme is the most important task that we wish to achieve. You will have already seen the Invited Speakers and Pre-congress Workshops that the Scientific Committee has chosen and they are now at the stage of developing the final programme that will cover the multiple congress streams and the theme of the Congress “Cognitive and Behavioural therapies at the Crossroads”.

Submissions for the symposia, panel debates and roundtables, open papers, half-day in-congress workshops, skills classes and technical demonstrations closed on 6th January and the response was overwhelming - 300 symposia, over 100 skills classes and in-congress workshops, and 400 open papers. The task of reviewing all these submissions is now in the hands of the Scientific Committee and will then pass to the Scientific Programme Chairs Thomas Heidenreich and Philip Tata to create the final programme over the next couple of months. We already know that the quality of submissions is very high and so is the wide representation across the Congress streams and across the nations who have submitted. This and the multi-national submissions received will ensure that we fulfill the aim of making this a truly global World Congress.

If you missed the date for submitting an open paper then there is still time to submit a Poster Presentation. These will be an important and popular part of the Congress and the closing date for Poster submissions is Sunday 17th February.

Go to the website **<http://wcbct2019.org/call-for-papers-2>** and follow the instructions to submit.





Getting to Berlin is easy from anywhere in Europe and from most places around the world, we are fortunate that the City's two airports are served by most of the airlines. For details of the travel opportunities see edition 4 of eNews.



## Special offer: Discounted travel with Lufthansa Group Partner Airlines

Lufthansa Group Partner Airlines offer a comprehensive global route network linking major cities around the world. We offer special prices and conditions to participants, visitors, exhibitors, invited guests as well as employees of the Contracting partner and their travel companions.



To make a reservation, please click on [www.lh.com/event-flight-booking](http://www.lh.com/event-flight-booking) and enter the access code **DEZQYGQ** in the "Offer for discounted flights" area. This will open an online booking platform that will automatically calculate the discount offered or provide you with an even better offer if another promotional fare is available.

**NOTE: Pop-ups must be enabled otherwise the booking platform window will not open.**

These promotional fares are also available through your IATA/ARC travel agent. Travel agents can obtain ticketing instructions by sending an email to [lufthansa.mobility@dlh.de](mailto:lufthansa.mobility@dlh.de) and providing the access code as a reference.

## Launch of the World Confederation of Cognitive and Behavioural Therapies (WCCBT) at the WCBCT2019

A new organisation, the WCCBT was launched on the 7 January 2019. They have already started work on a number of areas in their strategic plan which will accomplish the important aims of fostering the promotion of health and well-being through the scientific development and implementation of evidence-based cognitive behavioral strategies designed to evaluate, prevent, and treat mental conditions and illnesses, and dissemination of CBT worldwide. The WCCBT will also be taking on the responsibility for supporting the World Congresses that have already been decided in Berlin 2019 and South Korea in 2022.

The World Congress has the privilege of hosting the first general meeting of this new organisation in Berlin and this will mark its formal launch. We hope to see many of you there for this historic occasion in the development of a global CBT organization that will join together CBT organisations across the world.

Visit the WCCBT's new website on [www.wccbt.org](http://www.wccbt.org) for details and download a copy of their first Newsletter



[www.wcbct2019.org](http://www.wcbct2019.org)

### WCCBT Founding Member Associations



WCBCT2022 | South Korea





## Social media and WCBCT2019

*Find us on Facebook*

Are you friends with us on our  
WCBCT2019 Facebook page?

**Katharina Mosen** and **Janice Kalagi** are both M.Sc. psychologists who are currently in training at the DGVT-Training Center in Dortmund to become licensed psychotherapists. Both of them work as therapists at the Centre for Psychological Health and Psychotherapy at Witten/Herdecke University in Germany. Because their enthusiasm for psychotherapy does not stop there, they have decided to put their extra energy into the task as “the social media leads” for the WCBCT2019.

You can follow their informative and fun posts on **Facebook** [en-gb.facebook.com/WCBCT2019/](https://en-gb.facebook.com/WCBCT2019/), **Twitter** [twitter.com/Wcbct2](https://twitter.com/Wcbct2) and **Instagram** [@wcbct\\_2019](https://www.instagram.com/wcbct_2019). If you ever have any questions or suggestions, they are always be happy to help. You can simply get in touch with them via the above channels.



[www.wcbct2019.org](http://www.wcbct2019.org)



Katharina Mosen

Janice Kalagi

## DGVT: Our local organizers of WCBCT2019

**Deutsche Gesellschaft für  
Verhaltenstherapie e.V.**  
**German Society for  
Behaviour Therapy**

The DGVT is the largest association for behavioral therapies in Germany with nearly 9.200 members working in the psychosocial field: psychotherapists, counsellors, social workers, researchers, and health educators. DGVT is a specialist and a professional association, with a scientific publishing house as well as an Academy for professional training with centers in 16 locations across Germany.

DGVT organizes conferences, workshops, and conventions dealing with professional and health care issues in research, training, and practice and the development and dissemination of new approaches. It participates in public debates on health care policy and advocates for a multidisciplinary

health care that is concerned with the needs and rights of people. DGVT also supports and counsels its members in professional and job-related issues. With all these activities the DGVT has a significant impact on Behavioral Therapy in Germany.

In 2018 it celebrated its 50. anniversary with a large congress in Berlin and other activities that dealt with the eventful history of the association.

The DGVT has always cooperated with other international associations and is a founding member of EABCT. As soon as it was clear that the 2019 world congress would be run by EABCT, DGVT proposed to be the cooperating local association. Although there were strong competitors from other European associations DGVT convinced the EABCT representatives and the bid by DGVT was accepted and Berlin was voted to be the venue for WCBCT2019



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Before putting in the bid, DGVT had asked the support of the other German speaking associations in Germany, Austria and Switzerland (DVT, ÖGVT, SGVT, AVM Germany, Switzerland and Austria) and also the Clinical Branch of the German Association for Psychology. All of these associations expressed their willingness to join the “German Speaking Support Group” and to help organize and promote the World Congress. Now we are all looking forward to an interesting and unique World Congress 2019!

*Left to Right:* **Rod Holland** (Congress organizer), **Waltraud Deubert** (DGVT Association Manager), **Philip Tata** (Scientific Chair), **Anke Heier** (Scientific administrator), **Andreas Veith** (Congress organizer), **Janine Turner** (Scientific administrator), **Günter Ruggaber** (Manager of the DGVT Training Centres) and **Thomas Heidenrich** (Scientific Chair)



DGVT and the Congress organizer's  
outside the DGVT HQ in Tübingen





## Where will you be staying in Berlin?

**Have you booked your accommodation in Berlin yet? Book your hotel quickly and for the best price possible!**

Make your hotel reservations by using the link on the website. For your accommodation we have selected a range of hotels in Berlin which are ideally located. These hotels can be booked via the Hotel Reservation Service (HRS) on the Congress website and they HRS offers special rates for the WCBCT2019 delegates. The selected hotels have only limited capacities so it is recommended to make your hotel booking as early as possible.



We will be using the Hotel Bristol Berlin, which is an excellent 5 Star Hotel in the West Part of the City on the famous Kurfurstendamm boulevard as our congress hotel. The choice of hotels within walking distance of the CityCube is limited and most people prefer to stay nearer the centre of Berlin which is why we have opted for the Bristol Berlin. Transport links in Berlin are excellent and the hotel is less than 30 minutes by public transport to the Congress venue at the CityCube.



## Book the Crèche/Kindergarten for your kids

During the WCBCT2019 Congress in Berlin a Crèche/Kindergarten will be provided for full day and half day care at an additional cost. The company KIDS Betreuung **[www.kidsbetreuung.com](http://www.kidsbetreuung.com)** who are a well established company who provide such services to many Congresses will be offering the service.

Please note that a pre-registration for Crèche/Kindergarten is required. During lunch times, parents need to take care of their children. The Crèche/Kindergarten does not include any food. As such, parents need to be responsible for their children's meals.

### Opening Times

08:00–13:00

13:00–18:00

### Costs for Crèche/Kindergarten

Full day: 50 €

Half day: 30 €

