



9TH WORLD CONGRESS OF BEHAVIOURAL AND COGNITIVE THERAPIES

17th-20th July 2019 | Berlin

Welcome to the third edition of the WCBCT19 e-news

e-news is electronically published in the run up to the Congress to bring you regular updated information on the development of the scientific and social programme, hotel opportunities and travel options.

To subscribe to e-news then log on via
www.wcbct2019.org

Call for Papers and Early Bird Registration Go Live

Join CBT clinicians and therapists from across the world at this unique event. The Preliminary Programme for the 9th World Congress of Cognitive and Behaviour Therapies is now available on the website **www.wcbct2019.org** and Online registration opens on 18th June 2018.





Are you ready to submit a symposium, in-congress workshop, open paper or poster session? The Call for Papers opened on 1st June 2018 and although the final submission date is the 6th January 2019 (17th February for posters) in order to be sure of getting the 'Early Bird' reduced registration rate submit as soon as you can.



9th World Congress of Behavioural & Cognitive Therapies

The CityCube, Berlin, Germany
17th-20th July 2019



COGNITIVE AND
BEHAVIOURAL THERAPIES
AT THE **CROSSROADS**



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of Behavioural &
Cognitive Therapies
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**Download the Call for Papers
and the Preliminary Programme**

Scientific Programme

It is an exciting time in the field of cognitive behaviour therapy in terms of therapeutic and empirical advances, as well as the growing pace in the dissemination of CBT across the world. The English-language and German-language Scientific Committees have selected over 40 Invited Addresses and 30 Invited Pre-Congress Workshop Presenters whose work represents the state-of-the-art in their respective specialties.

The presenters, the majority of whom are new presenters at the World Congress, are drawn from many different countries, and from five continents, demonstrating the truly global reach of CBT. Amongst the multiple Congress streams, we hope that the Cross-cultural and Global Issues stream will be especially prominent and attract submissions from across the world.

We are also delighted that the World Congress it is being held in Berlin and that we are able to allocate about 15% of the programme to German-language presenters, allowing more options for showcasing off the long-established and dynamic state of German-language CBT.



Thomas Heidenreich
Scientific Committee Co-Chair



Philip Tata
Scientific Committee Co-Chair

Finally, we are fortunate to be supported by the International Scientific Support Groups, representing a diverse range of CBT associations, who will be instrumental in ensuring the widest and most inclusive participation in what is likely to be the largest international CBT Congress held to date.

Thomas Heidenreich & Philip Tata



Invited Address and Pre-Congress Workshop Presenters include:



Corina Aguilar-Raab, Germany
Arnoud Arntz, The Netherlands
Don Baucom, USA
Judith Beck, USA
James Bennett-Levy, Australia
Richard Bentall, UK
Eva-Lotta Brakemeier, Germany
Richard Bryant, Australia
Sandra Bucci, UK
Younghee Choi, South Korea

David Clark, UK
Alex Copello, UK
Michelle Craske, USA
Rob DeRubeis, USA
Beate Ditzen, Germany
Keith Dobson, Canada
Anke Ehlers, UK
Thomas Ehring, Germany
Eva Fassbinder, Germany
Giovanni Fava, Italy
Melanie Fennell, UK
Paul Gilbert, UK
Andrew Gloster, Switzerland
Kate Harkness, Canada
Allison Harvey, USA
Richard Hastings, UK
Steve Hayes, USA
Nina Heinrichs, Germany
Stefan Hofmann, USA
Emily Holmes, Sweden
Debra Hope, USA
Jennie Hudson, Australia
Nadia Kadri, Morocco
Philip Kanske, Germany
Merel Kindt, The Netherlands
Robert Leahy, USA

Fiona Lobban, UK
Andres Losada, Spain
Carla Mazefsky, USA
David Miklowitz, USA
Kathleen Mooney, USA
Rona Moss-Morris, UK
Meike Müller-Engelmann, Germany
Carmem Beatriz Neufeld, Brazil
Pedro Nobre, Portugal
Christine Padesky, USA
Jacqueline Persons, USA
Katharine Phillips, USA
Christine Purdon, USA
Adam Radomsky, Canada
Babette Renneberg, Germany
Charlotte Rosenbach, Germany
Paul Salkovskis, UK
Silvia Schneider, Germany
Paula Schnurr, USA
Ulrich Stangier, Germany
Regina Steil, Germany
Mehmet Sungur, Turkey
Omer van den Bergh, Belgium
David Veale, UK
Kelly Bemis Vitousek, USA
Carolyn Webster-Stratton, USA



Social Programme



Zollpackhof Beer Garden

Congresses organised by EABCT are not only well known for the quality of the scientific programme but also for the opportunity provided by the social programme for delegates to meet, socialize and enjoy themselves. The World Congress programme in Berlin is designed to ensure that there will be plenty of opportunity to meet people from all

over the world in a relaxed and informal atmosphere. We know that Berlin will help forge new friendships and contacts between delegates from all corners of the globe. The capital city of Germany offers a programme for national and international guests in every field: sightseeing, restaurants, nightlife. There is so much to discover in Berlin.

The social programme will include:

Opening Ceremony and Welcome Reception

The Opening Ceremony will take place on the 17th July 2019 in the CityCube Berlin followed by the Opening Reception which will take place in the exhibition area. There is no charge for this event but registration is required.

Congress Party

The Congress Party will take place on 18th July 2019 at “Zollpackhof”, a very traditional beer garden in the heart of Berlin opposite the German Parliament. Music and dancing will make this an ideal opportunity to party with WCBCT delegates from across the world until the early hours of the morning. Costs for a ticket: 50€ including food and drinks. Book your tickets through the registration.



You will love Berlin



Museum Island

The German capital offers the best national and international travel connections, numerous modern hotels and some truly special venues. In addition, the city offers great value for money. In fact, the city is Germany's biggest and most popular meeting destination. Berlin's mayor calls the city "poor but sexy". This description is reflected in every way by low hotel prices which are contrasted by an enormously rich

cultural program. Berlin is far more than just a meeting place for leading people from science, business and politics. The German capital ranks as one of the most visited metropolises in Europe. Located at the heart of Europe it represents a connection between East and West.

Berlin offers its visitors a uniquely varied cultural program, one-of-a-kind historical landmarks and all sorts of entertainment. The city has a long tradition as a theatre metropolis and is justly proud that it can present such a diverse range of productions today. It is as well a city of museums. Germany's largest cultural investment project, the Berlin Museum Island, was completed in 2010. The five museums on Museum Island were added to the World Cultural Heritage List. From a quick snack to dinner at a gourmet restaurant, international cuisine, theme restaurants, beer gardens and regional cooking – Berlin's 7,000 restaurants and eateries cater to every taste, any occasion, any time of the day or night. Berlin's nightlife is fast-paced and has something for everyone.