



9TH WORLD CONGRESS OF BEHAVIOURAL AND COGNITIVE THERAPIES

17th-20th July 2019 | Berlin

Welcome to the second edition of the WCBCT19 e-news

e-news will be electronically published in the run up to the Congress to bring you regular updated information on the development of the scientific and social programme, hotel opportunities and travel options.

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www.wcbct20019.org

500 days to go

(from Sunday 4th March)

By the time many of you read this there will be 500 days (or less) before EABCT hosts the 2019 World Congress.

It is next year!





Thomas Heidenreich and **Philip Tata**, the Chairs of the Scientific Programme, have been working with their International Scientific Committee and will be making a final decision on who the Invited Speakers will be and what Pre-Congress Workshops will be offered to delegates. These will be announced on the website and in the next edition of eNews in June when we will also be opening the general Call for Papers.

Organisationally, Andreas Veith and Rod Holland have been busy working with the Congress venue at the CityCube Berlin and with MCI, our Professional Congress Organising support, to ensure that we have the first-class facilities that we need for a World Congress that will attract over 3,500 delegates from every corner of the globe. They are also making sure that there is an excellent social programme that will allow people to experience everything that the amazing city of Berlin has to offer. Registration will open on the 18th June so make sure you put that date in your diary and take advantage of the early bird registration rate that will be on offer.

The Organising Committee

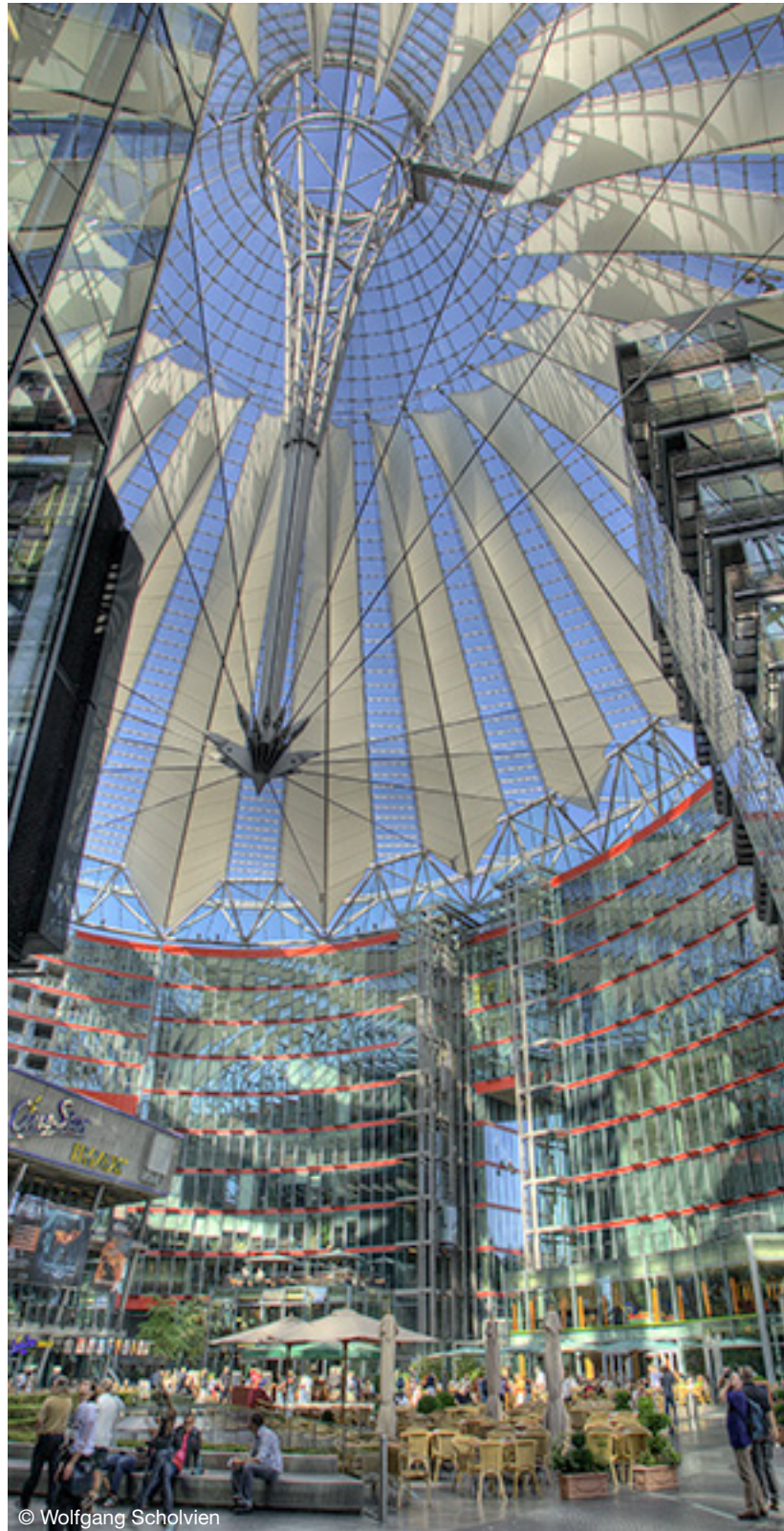
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President EABCT

Kristoffer N T Månsson
Honorary Treasurer EABCT

Dinie Naezer-Heerschop
Association Manager EABCT



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The Congress Programme

The conference will run for three full days from Thursday 18th July - Saturday 20th July 2019 and there will be a programme of pre-congress workshops on offer on Wednesday 17th July.

The Congress Theme **“Cognitive and Behavioural Therapies at the Crossroads”** addresses the reality that CBT is currently evolving at a rapid pace and in many directions, such that we may well be at the crossroads in terms of maintaining a unified field of theory and practice.

The congress programme will include:

- 20+ invited pre-congress workshops
- Over 35 invited international addresses
- 20 parallel scientific sessions each day
- Symposia, debates, clinical rounds, etc
- Multiple streamed open paper sessions
- 40+ In-congress workshops
- High profile continuous poster sessions
- Technical, software and equipment demonstrations
- A large scale exhibition

The official language of the congress will be English. However, approximately fifteen percent of the scientific sessions, etc will be in the German language

Call for Papers

June 2018 CALL FOR PAPERS OPENS

Symposia, full day and half day in-conference workshops, panel debates, clinical roundtables, open papers and poster presentations.

January 2019 CALL FOR PAPERS CLOSES

Symposia, full day and half day in-conference workshops, panel debates, clinical roundtables and open papers

February 2019 CALL FOR PAPERS CLOSES

Posters

Thomas Heidenreich | Chair Scientific Committee
thomas.heidenreich@wcbct2019.org

Philip Tata | Chair Scientific Committee
philip.tata@wcbct2019.org

Our Professional Congress Organising Team



Silke Weerts
(Key Account Manager)



Vanessa Bernhardt
(Project Manager)



Marie-Louisa Schiller
(Project Coordinator)



Martha Whiteman
(Project Coordinator Exhibition & Sponsoring)

WCBCT2019 will be working with:

MCI will be providing us with the Professional Congress Support we need to make the Congress a success. Being based in Berlin, near Checkpoint Charlie, they know everything there is to know about Berlin. We have already been working with MCI for a year to ensure we have first class facilities at the CityCube, a full range of accommodation

in the City, an excellent social programme and everything else that will make the delegates experience positive. MCI will be managing the registration process when it opens in June 2018 and you will get to know the team when you arrive at the Congress.

MCI | Germany

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The Congress Centre | The City Cube



The Congress will be held at the recently opened **Berlin CityCube**. It is one of Europe's most modern and largest Congress Centres and will provide everything we need for a first-class scientific programme. There is plenty of space under one roof for 5000 delegates, large and comfortable lecture theatres, state of the art equipment, free WLAN and excellent in-house catering.

CityCube Berlin is located 3km from the famous Kurfürstendamm (or Ku'Damm), where many hotels are located, as well as shops, restaurants and entertainment. The CityCube is served by an excellent public transport network, with the CityCube having a direct 4-stop urban train link (the "S-Bahn") from the city-centre interchange ("Zoologischer Garten") to "Messe Süd" station next door to the CityCube. A journey that takes 15 mins.

Most delegates are likely to be staying and enjoying their time in Berlin in city centre hotels and the S Bahn line goes through several good neighbourhoods with hotels at different budgets. The congress website will soon be providing information on the range of hotels available. *(continued on page 6)*



The Congress Centre | The City Cube

(continued from page 5)

The CityCube is also very close to Tegel International Airport and has access to the city ring-road and motorway.

A Berlin Welcome Card not only serves as your ticket for local transportation but also gives you a totally flexible way to explore Berlin with discounts of up to 50% at around 200 top attractions in the city.



Getting to Berlin

Start planning your trip by checking out the best deals for travel. Berlin is well-served by air, rail, sea, and road.

Berlin is a major hub for direct flights from the main European cities and some of the world's most important airports. 75 airlines are connecting Berlin's international airports with 173 destinations in 50 countries. It has air links with almost every German city which has a passenger airport

Berlin has two main airports – Berlin Tegel (TXL) in the north west of the city and Berlin Schönefeld (SXF) in the south east.

National carriers include Adria Airways (Slovenia), Aegean Airlines, Aer Lingus, Aeroflot, airBaltic (Latvia), Air Canada rouge, Air France, Air Serbia, Alitalia, Austrian Airline, Blue Air (Rumania), British Airways, Brussels Airlines, Bulgaria Air, Croatia Airlines, Czech Airlines, Delta Air Lines, Egypt Air, Finnair, Georgia Airlines, Hainan Airlines (China), Iberia Express, Iceland Air, KLM, LOT, Lufthansa, Luxair, Norweigan

Air International, Royal Air Maroc, Royal Jordanian, SAS, Swiss, TAP Portugal, Turkish Airlines, Ukraine International Airlines, United Airlines

Within Europe many of the economy airlines will fly you directly to Berlin at a price often less that you will find to make a local journey within your own country. Condor, EasyJet, Eurowings, Germania, German Wings, Ryanair, SprintAir, Sun Express, Vueling Airlines

We checked out return flights to arrive in time for a July Congress this year we found the lowest prices to Berlin from various cities so there are some bargains to be found even with an increase for 2018

Amsterdam	€84	Copenhagen	€92
Helsinki	€98	Stockholm	€97
New York	€605	Seoul	€868
Barcelona	€76	London	€105
Paris	€98	Rome	€62
Tokyo	€974	Sydney	€1095



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Getting to Berlin

Arrival by train

Travel fast, cheaply and environmentally friendly to the Congress and enjoy your journey from the beginning. Get the best price ticket with Deutsche Bahn. You can reach Berlin from every direction on the fast InterCity Express, InterCity, EuroCity and InterRegion Trains. The new central station Berlin Hauptbahnhof is in the heart of Berlin and is well connected to the public transport system.

Arrival by car

The address of the CityCube Berlin is:

CityCube Berlin

Messedamm 26

14055 Berlin

GPS Co-ordinates:

52.4992001°N / 13.27247°E



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