



9TH WORLD CONGRESS OF BEHAVIOURAL AND COGNITIVE THERAPIES

17th-20th July 2019 | Berlin

Welcome to the fourth edition of the WCBCT19 e-news

e-news is electronically published in the run up to the Congress to bring you regular updated information on the development of the scientific and social programme, hotel opportunities and travel options.

To subscribe to e-news sign up via
www.wcbct20019.org

Only 9 months to go!

Registration is now open for you to register for the World Congress hosted by EABCT in Berlin next July. CBT clinicians and researchers from across the world are already registering to attend so don't delay.

You can register on line by going to **www.wcbct2019.org** where you can also download the Preliminary Programme.



Andreas Veith | WCBCT Congress Co-Organiser
at the handover ceremony to Berlin at EABCT2018
in Sofia Bulgaria



REGISTRATION NOW OPEN

Call for Papers

The Call for Papers opened on 1st June 2018 and we have had an excellent response with many submissions of symposia, panel discussions, round tables, half day in-congress workshops, open papers and posters.

There is now less than 3 months to submit your presentations. The final date is the 6th January 2019 (17th February for poster submissions). With Christmas just before this date don't leave it to the last minute. For the Guidelines on Submitting visit:
www.wcbct2019.org

Early Bird Registration Deadline Change

We have changed the date of the deadline for delegates to register at the early bird rate from 28th February to 28th March 2019. This is to allow delegates who have submitted presentations which are then accepted time to register at the early bird rate. However, don't delay registering and don't delay booking your hotel and travel if you want to get the best deals.



9th World Congress of Behavioural & Cognitive Therapies

The CityCube, Berlin, Germany
17th-20th July 2019

Call for papers



www.wcbct2019.org



Call for papers opens 1st June 2018

COGNITIVE AND
BEHAVIOURAL THERAPIES
AT THE **CROSSROADS**

Got any questions about WCBT2019?

then contact MCI on:
WCBCT@mci-group.com

or

Andreas Veith | Congress Organiser
e: andreas.veith@wcbct2019.org

Rod Holland | Congress Organiser
e: rod.holland@wcbct2019.org

Why not come as a group and save money on your registration fee?

We are offering a reduction of 10% on the registration fee for groups of 8 delegates or more. The conditions for a group registration is that there is only 1 invoice address and 1 payment will be required. If you are interested in this opportunity you should email Claudia on:
registration.berlin@mci-group.com and she will send you a registration form.

New Submission Format: Technical Demonstrations

We are glad to announce that we have a new exciting submission format: Technical Demonstrations. These are 20-30 minute short demonstrations that present specific technology or equipment and its application to CBT. Technical demonstrations can include the presentation of both hardware and software, as well as research and clinical data, in a flexible yet focused manner. Presenters can have a commercial interest in the technology presented, although any commercial organization involvement and/or affiliation should be identified in the description of the presenters.

Please find the formal requirements as well as an example for this submission type here: **wcbct2019.org/submission-guidelines**

Technical demonstrations will run during the main Congress programme and can be submitted under any of the main congress streams.

Delegates can attend the technical demonstration at no extra cost therefore no fee is payable.

We are looking forward to many interesting submissions!



Congress Streams

The Congress will cover, among many others, the following areas:

Addictions

Anxiety Disorders – Social Anxiety

Anxiety Disorders – Specific Phobia
/ GAD / Panic

Basic Processes / Experimental
Psychopathology

Body Dysmorphic Disorder

Behavioral Medicine & Health
Anxiety

Bipolar Disorder

CBT in Old Age and
Neurobehavioral Disorders

Children – Externalising Disorders

Children – Internalising Disorders

Children – Neurodevelopmental and
Other Disorders

Cross-cultural and international
issues

Depression – psychotherapeutic
processes

Depression – Treatment & Applied
Issues

Eating Disorders

Habit Disorders – Tic, Tourette,
Autism spectrum

Intellectual and Developmental
Disabilities

Long term conditions

Marital and family

New Developments and Young
Scientists

Obsessive Compulsive Disorder

Personality Disorders

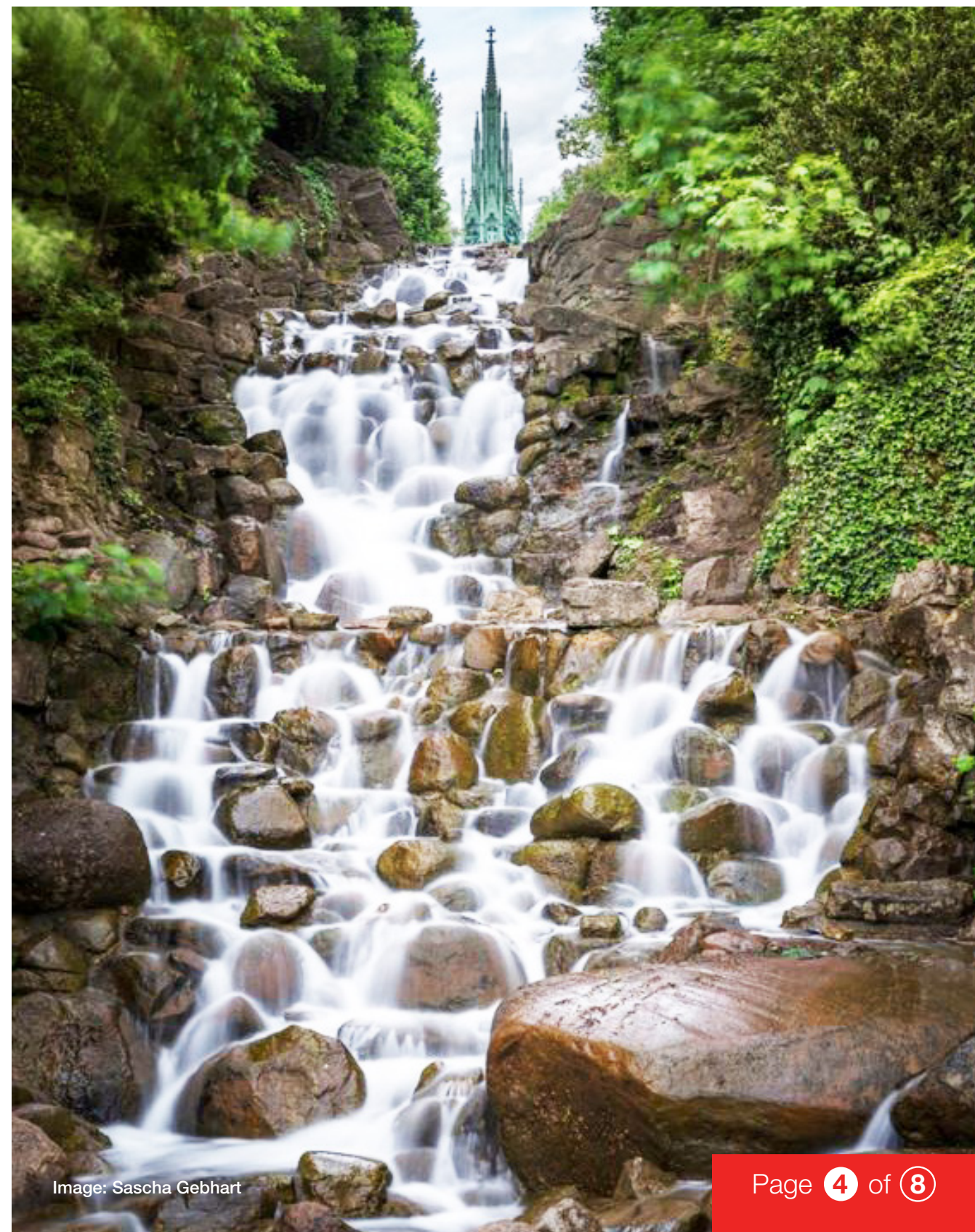
Psychosexual functioning,
disorders and identity issues

Psychosis

PTSD, Trauma

Therapeutic Processes in CBT

Training and Supervision



Crèche/childcare facilities for WCBCT2019

Parents attending this year's congress in Berlin will be able to leave their children in a dedicated facility in the CityCube. This means the working parents can attend the World's biggest CBT Congress without having to make separate plans for childcare at home.

For more information on the crèche choose the option "Yes, I am interested" in the registration system or email:

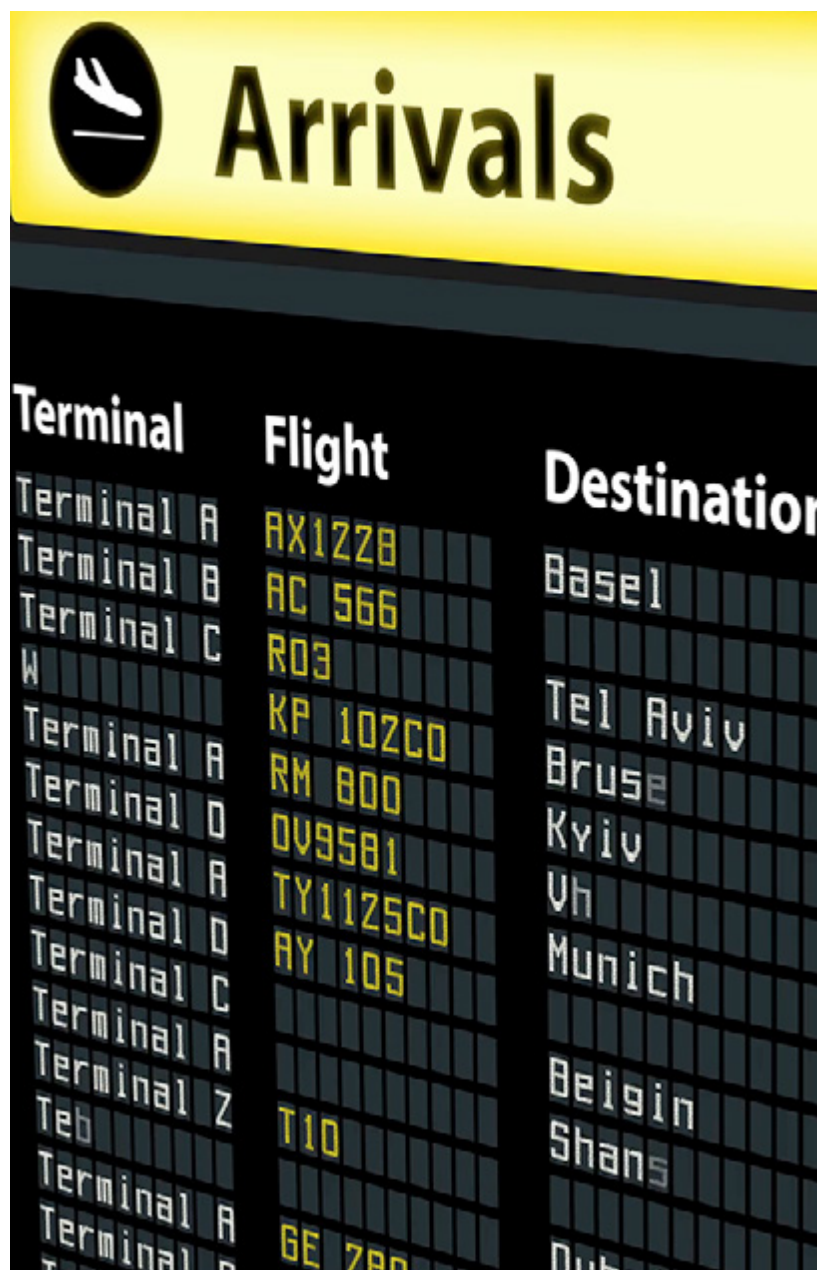
WCBCT@mci-group.com

We will also be putting information on the crèche and the cost on the website in the near future.



Getting to Berlin

Now is the time to plan your trip by checking out the best deals for travel. If you live in almost any of EABCT's member countries then you can get a direct flight to Berlin arriving at one of their two main airports, Berlin Tegel (TXL) in the north west of the city and Berlin Schönefeld (SXF) in the south east. Berlin is also served by most of the economy airlines (EasyJet, Wizz Airlines, Ryanair, Euro Wings, Germania etc.) which offer flights at a price often less than it would cost to make a local journey within your own country. If you were to book a flight now then you can get a flight for between 120€ and 200€ from most EABCT countries to Berlin.



Terminal	Flight	Destination
Terminal A	AX1228	Basel
Terminal B	AC 566	
Terminal C	R03	
Terminal A	KP 102CO	Tel Aviv
Terminal D	RM 800	Bruse
Terminal A	DV9581	Kyiv
Terminal D	TY1125CO	Vh
Terminal C	AY 105	Munich
Terminal A		
Terminal Z	T10	Beigin
Teb		Shans
Terminal A	GE 780	Dubai

Check out the list below

Austria: Austrian Airlines or EasyJet from Vienna, Graz and Salzburg

Belgium: Brussels Airlines from Brussels

Bosnia-Herzegovina: Wizz Airlines from Tuzla

Bulgaria: Bulgaria Air &or Ryanair from Sofia

Croatia: Croatia Airlines, EasyJet or Euro Wings from Dubrovnik, Split, Zagreb, etc.

Czech Republic: EasyJet from Prague

Denmark: EasyJet, Ryanair or Norwegian Air Int from Copenhagen, Aarhus or Billund

Estonia: Air Baltic from Tallinn

Finland: Finnair or EasyJet from Helsinki

France: Air France, EasyJet, Ryanair, Euro wings or Transavia from Paris, Nice, Toulouse, etc.

Georgia: Georgia Airlines or Wizz from Tbilisi or Kutaisi

Germany: Lufthansa, EasyJet, Ryanair or Euro wings from Frankfurt, Munich, etc.

Greece: Aegean Airlines, EasyJet, Ryanair and Euro wings from Athens, Thessaloniki, etc.

Hungary: EasyJet, Ryanair and Wizz from Budapest

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Ireland: Aer Lingus and Ryan Air from Dublin and Kerry

Iceland: Icelandair & Wizz from Reykjavik

Israel: El Al, EasyJet and Germana from TelAviv

Italy: Alitalia, EasyJet & Ryanair from Rome, Naples, Venice, Milan, Bologna, etc.

Kosovo: EasyJet from Pristina

Latvia: airBaltic and Ryan Air from Riga

Lithuania: airBaltic and Ryan Air from Vilnius

Macedonia: Wizz from Skopje

Montenegro: Ryan Air from Podgorica

Netherlands: KLM & EasyJet from Amsterdam

Norway: Norwegian and SAS from Oslo and Stavanger

Poland: LOT & Ryanair from Warsaw Krakow

Portugal: TAP & Ryanair from Lisbon and Porto

Romania: Ryanair & WizzAir from Bucharest and Cluj

Russia: Aeroflot, Podeda & Utair from Moscow

Serbia: Air Serbia & Ryanair from Belgrade & Nis

Slovenia: EasyJet from Ljubljana

Spain: Iberia Express, EasyJet and Ryanair from Madrid, Granada, etc.



Sweden: SAS, Norwegian and EasyJet from Stockholm and Gothenburg

Switzerland: Swiss and EasyJet from Zurich, Basel, Geneva

Turkey: Turkish Airlines and Pegasus from Istanbul and many more places

Ukraine: Ukraine International Airlines, Ryanair and Wizz from Kiev and Lvov

United Kingdom: British Airways, EasyJet, Ryanair & Flybe from London, Manchester

Coming from outside of Europe

There are direct transcontinental flights to Berlin from Canada on Air Canada rouge, New York on Delta or United Airlines, Cairo on Egypt Air, Beirut on Germana, Beijing on Hainan Airlines, Dohar on Qatar Airlines, Singapore on Scoot. All major airlines fly into Frankfurt Airport which is Germany's main airport with an onward flight time to Berlin of just 1hr and 10 minutes.

Let the train take the strain

If you prefer the train you can reach Berlin from every direction on the fast InterCityExpress, InterCity, EuroCity and InterRegion Trains. The central station Berlin Hauptbahnhof is in the heart of Berlin and is well connected to the public transport system.



Pre-Congress workshops

Come to the Congress a day early and take in a Pre-Congress workshop presented by some of the world's leading experts in their field. The workshops will take place on Wednesday 17th July in the CityCube and cover the following topics:

ACT, Anxiety Disorders in both Children and Adults, Bipolar Disorder, BDD, Case Formulation, Compassion Focused Therapy, Couples Therapy, Depression, Drug and Alcohol Problems, Eating Disorders, Exposure Therapy, Health Anxiety, IBS, OCD, Parenting Support, Personality Disorder, PTSD, Process-based CBT, Resilience, Refugees, Schema Therapy, Sexual Problems, Social Anxiety, Somatic Problems, Training

Full details of each workshop are available via the website” **www.wcbct2019.org**

